



From the Summer Minister...

In addition to serving as your summer minister, I am busy these days finishing the required paperwork for my appearance in Boston in September before the Ministerial Fellowship Committee. That's the panel of ministers and lay leaders who will decide whether I am qualified to be ordained.

One of the essay questions I had to answer posed the question of how I imagined my ministry in the "near future." The first thing that popped into my mind is that I want to nurture congregational cultures where members feel moved to say "I love our Principles!" instead of "I endorse our Principles."

I grew up in an historically Unitarian congregation and treasure our commitment to the use of reason in the search for truth and meaning. But I believe we would benefit from a little more of the passion for which our Universalist forebears were known. You may remember the sermon in March when I quoted the observation of the 19th century Universalist pastor, Rev. Emma Bailey, that our fires tend to go out more quickly when we light them in our heads rather than down below in our hearts.

Many of us are uncomfortable with religious fervor for good reasons. As I write this, authorities in Norway are still trying to piece together the details of the shooting spree that left more than 90 people dead, most of them teenagers attending an island summer camp for youngsters involved in liberal politics. The attacks were initially blamed on fundamentalist Muslims. Now, one day later, it appears they were the work of a single Christian fundamentalist. I could not help but think to July 27, 2008, the day a crazed gunman angry at "liberals" burst into the Tennessee Valley Unitarian Universalist Church in Knoxville during a children's musical performance. He killed two people and wounded seven others before he was subdued.

I pray we do not take the wrong message from these events. Fundamentalism is dangerous, not fervor. Our principles are grounded in respect for reason, for diversity, and for interdependence beyond our full comprehension. So long as we adhere to them, fervor for the life they lead us toward can only be life-enhancing for us and those we encounter. We cannot think our way into all Unitarian Universalism offers us. Compassionate love intense enough to transform our lives is both our goal and our salvation.

Blessed be,

Barnaby

*Barnaby Feder
Interim Minister*



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Morristown Unitarian Fellowship

21 Normandy Heights Road
Morristown, New Jersey 07960-4611

President: Paul Ferm

Minister: Rev. Alison B. Miller

Affiliated Minister: Rev. Allen Wells

Ministries Admin. / Exec. Assistant: Deneise Hyatt-Murad

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Summer Sunday Services: 10:00 AM

Summer Office Hours

Monday—Friday, 10am-4pm

Saturday, closed

Sunday, 9am-1pm

Tel: (973) 540-1177, ext. 203

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Mission and Covenant Statement

WE, the members of the **Morristown Unitarian Fellowship**, mindful of the rich diversity and essential oneness of human experience, covenant to weave the fabric of community from the strands of our separate lives.

This is our pledge:

- To create for ourselves and our children a spiritual home which will nurture, challenge and offer us renewal.
- To seek what is true even as we celebrate the mystery of existence.
- To reach out to all who share our liberal religious values and participate in the broader Unitarian-Universalist movement.
- To work for social justice and the well-being of our planet Earth.

Who Do I Talk To?

(if I want to get involved)

Any of the ministers and staff would be delighted to speak with you.

Our Five-Year Plan coaches, Karen Dinsmore and Gary Kunz, can help you connect your passion with one of our goals.

Volunteer Leaders in the various Program Areas would be more than happy to let you know how you can make a difference in their area of the Fellowship.

Sunday Services

Marjorie Wormser and Carol Titus

Religious Education

Beth Murphy, Children's RE Council

Matt and Sarahjane Rath, Youth Advisors

Danelle Simonelli, Life Span Programs Committee

Social Justice

Chris Reynolds and Karen Burns Rutigliano

Community Connections

Michelle Kunz, Welcoming Committee

Laurie MacGeorge and Catherine Corey, Caring Committee

Hazel Bell, Website

Facilities

Steve Parker, Sacred Space Task Force

Diana West and Nan Perigo, Facilities Council

Finance

Susan Lausell, Finance Committee

Governance

Paul Ferm and Tanya VanOrder, Board

Pick up a copy of the most recent Morristown Unitarian Fellowship Directory (green cover), or link to it on the members section of our website, for updated contact information for everyone listed above.

If you are a newcomer, Deneise Murad, can help you get in touch with the above.

E-mail her at admin@muuf.org or call 973-540-1177 x203.

You are also invited to pick up a complete list of the current committees and programs along with descriptions and contact information to help you gain a greater understanding of what is offered.



President's Corner

Retreat – Recharge – Relax

Our Annual Picnic this year was such a delight. The Board enjoys hosting this event. With everyone pitching in to help, especially our wonderful grill masters, Dennis Luken and Bill Becker, out on the kitchen balcony, the affair had a wonderful energy. With a lovely breeze in the air and the celebratory service for the 50th anniversary of Unitarian Universalism, it was a great way to conclude our calendar year and wish everyone a relaxing summer.

Hopefully, all of us will indeed find time to relax and enjoy summer with family and friends. Within the walls of the Fellowship, though, I can assure you that the norm is less Relax ... and more Retreat and Recharge.

Many of our committees and groups are busy holding annual retreats. During these retreats, groups withdraw for bonding, meditation, planning, and instruction. The new Board of Trustees met at Rev. Alison Miller's home and also my home, to get to know each other better, enjoy summertime meals, and define main Board themes for the year. We reviewed our role as stewards of the second year of strategic plan implementation at MUF. The Board also had good discussions around how to wear many hats – including those of strategist, worker, and financial steward.

Other important groups in Retreat include the Staff, Sunday Services, and Social Justice Committees. It is very powerful that they have been together in this way and there is a wonderful “buzz” around their plans and activities. This fall, I hope to see many of you, both

leaders and volunteers, at our Leadership Workshop. This is a wonderful Retreat opportunity for all and takes place on a Friday evening and Saturday. Please save the dates, September 23rd and 24th.

Recharging was something that I received from the sermon by our summer minister, Barnaby Feder. In his recent service, “A General Assembly Reporter's Notebook”, Barnaby provided a close-up view of the Recharging enjoyed at the UUA General Assembly in Charlotte, NC. I am sure many of us at the well-attended service were inspired to attend future meetings, either General Assembly in June or the NY Metro District meeting in May. Both are great opportunities to meet fellow Unitarian Universalists, recharge, and discuss our faith.

I look forward to seeing you at the Fellowship. Until then, I hope you have opportunities to Retreat, Recharge, and Relax.

In Fellowship,

Paul

- Paul Ferm, MUF President



COMMON SECURITY CIRCLE

*Thursday's, Aug 11 & 25, Sep 8 & 22
7-9 pm, MUF Room #205*

Common Security Circles, which are forming all over the US, are looking for local solutions to a national crisis. We are hoping to bring David Korten's “new economy” to life here at MUF and in our neighborhoods. This course will have three components: study group, self-help and mutual aid, and political action. In small sharing circles and in the larger group, participants will be encouraged to talk about how they are affected by the current economic crisis/recession. We will share resources as we seek ways to create a more just and sustainable economy. Please contact Pat de la Fuente karasr@optonline.net for more information about the course and the curriculum materials. You can also check out www.localcircles.org.

Milestones & Passages

Submitted by Joe Urhane & Beth Wilson, 7/3/11

Joe and Beth are overjoyed at the birth of their first grandchild, Sylvester Gilbert Abuabara Urhane. After a serious bout of pre-eclampsia, mother and child are both at home and well. See Beth and Joe for an explanation of the name.

Submitted by Linda DeLap, 7/3/11

Two weeks ago, my husband and I had our 40th anniversary (congratulations appreciated). A few days later, my husband's mother passed away after a long illness (sympathy gratefully accepted).

Submitted by Elbjorg Berkenkamp, 7/3/11

I am happy to announce that I am having an exhibit of my paintings at the East Hanover Library, on Ridgedale Avenue. The show is open to the public during library hours. This is my first "one woman" show and it is exciting!

Submitted by Avianca Bouchédid, 7/10/11

We attended a memorial for a 5year old who drowned. It's a terrifying nightmare from which this family will not wake up. Please keep them in your thoughts & prayers AND hug your own little ones extra tight.

Submitted by Janine Torsiello, 7/10/11

We had a wonderful week at Star Island's Arts Week and on the way home we stopped in Pittsfield, Mass. To have dinner with former MUF members, Lesley Beck (Crozier to some of you) and Al Leu, and they are doing good and send their love to all.

Submitted by Don Price, 7/10/11

Happy Birthday Gabor!

Submitted by Linda Howe, 7/3/11

Joys—Seeing "Mid-Summer Nights Dream" at the outdoor Greek Theatre/ Finger wrestling lovingly with Deneise's Edith in the hall/ Selling the painting (and 7 others recently) that I dropped off a month ago at the Montclair Museum's Faculty Show/ Going from feeling "frisky" to "damn the torpedoes are detractors—full speed ahead!"

Submitted by Pat de la Fuente, 7/24/11

In 1983, I met Bob Karasiewkz here at the singles group, "New Expectations." Three years later, on July 26, 1986, we were married in the Meeting Room of MUF, the Rev. Allen Wells officiated. We are celebrating our 25th wedding anniversary, with thanks to the Fellowship.

Submitted by Carolyn Schwartz, 7/24/11

Tony Fisher, spouse of Carolyn Schwartz passed away on July 19, 2011, at Morristown Memorial Hospital.

Submitted by Tom McGuinness, 7/25/11

Amor and Tom McGuinness celebrated their 50th anniversary June 18 at the boardwalk Lake Mohawk Club with family and friends. They met at the May 1960 World Trade Fair in NY. She was helping a friend sell Philippine shell crafts and she gave him two bracelets for his nieces. He bought three kapiz lanterns from her and said to himself that whomever he marries will have to like these things. But he says, he already had her in his heart.

On a sad note, Amor and Tom's California son-in-law, Scott, a quadriplegic since an accident at 17, died June 19. He had been ailing for a while and in the hospital for the previous 3 weeks. So it was not unexpected.



A Celebration of Life for

Fred Mayer will be held at MUF

Saturday, August 27th at 11 am.

Everyone is invited but to help **Claire Mayer** better prepare for the luncheon, kindly RSVP and let her know your plans. Phone 973-984-5371 or

clairemayer@optonline.net Thanks!

Staff Out of the Office

*Please note when Staff Members
will be out of the office.*

Rev. Alison Miller, Minister

August 4–24

Deneise Murad, Ministries Administrator

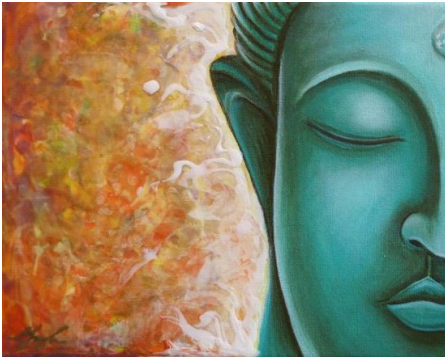
August 12–15

Bruce Benson, Operations Manager

August 8–12

"BETWEEN GOD AND NOTHING"

*Exploring the Unique Perspective of Buddhism
about God, the Soul, Inter-dependence and Emptiness*



Monday, August 22, 7:30 - 9:30 PM

Led by Rev. Allen Wells

- ~ *How can we learn not to take things personally, when they feel so very personal?*
- ~ *How can we learn to relate to a world where we are not separate?*
- ~ *How can we anchor ourselves in a universe without a perceived center?*

One way is through a shift in perspective, according to The Buddha. Mr. Gotama awakened to a middle way between belief in a personal and eternal essence on the one hand and nihilism on the other - or to put it in colloquial western terms - a middle way between God and Atheism.

His view was radical and remains unique among religions. It is also practical. Tonight we'll explore this perspective to see whether it may be of help for some of us in these troubled times. You are strongly urged to read beforehand, the chapter on "Emptiness" on pages 75 - 83 in Buddhism Without Beliefs by Stephen Batchelor. Or let me know when you register and I will provide you with a handout of these pages.

*Please register by August 8 by contacting
Rev. Allen Wells, awells@uuma.org, or 973 539-0301 x2*

MEN'S RETREAT

Saturday October 29th , 9 AM to ~ 2 PM @ MUF

Sponsored by MUF's GOM (Gathering of Men)

Much discussion these days centers on the so-called "Work/Life Balance". But we wonder exactly what the "Life" portion of that equation means for men who are trying to meet their commitments not only to work but to their partners, children, families, church, and other community and social activities? Trying to balance Life and "Self" sometimes seems the more difficult equation. Worse, we men often try to go it alone. Take time to come up for air and share a few steps on the path in the company of other good men.

We'll start by setting sacred space and getting acquainted. It's hard to do important work unless we step into a safe, confidential environment.

Using a fun new tool called "open space" technology, we'll identify exactly what needs to be talked about and by whom. It will help create fluid topic and participant groupings that have an amazing ability to take us to what is most urgent in the moment.

We'll break bread together. We'll play together. Make an important promise to your SELF and join us!

Registration fee is \$20 and will cover the cost of food. For More Information, contact: John Oehler @ (973) 361-6972 or johnoehler@verizon.net or to register for this retreat, email admin@muuf.org.

Upcoming Events

SHOW MORE DRAMA

*1st & 3rd Wednesdays, Aug 3 & 17, 5-7 pm
Light dinner included—This group is FREE!!*

We will be working on upcoming production of George Bernard Shaw's Candida. 'Show More Drama' is a theatre club for ALL Ages from 7 and up. Join us at the Meeting Room @ MUF. Acting, Singing, Dancing, Role play, Improvisation, Scenario based workshops, Script reading, Memorizing Lines, Wardrobe, Costume, Make-up!!

For more information, call Pratik Mamtora on 256-335-4800 or e-mail pratikmamtora@yahoo.co.uk

MEN'S CONSCIOUSNESS RAISING GROUP

Thursday's, Aug 4, 11, 18, & 25 7:30pm @ Library

We share personal joys and issues in a non judgmental setting where feelings are important to express. Call Victor Sperber 973-895-5360 or Don Price 973-347-5515 for more information.

INSIGHT MEDITATION GROUP

August 7 & 11, 7:30-9:15pm

Led by Rev. Allen Wells in MUF Meditation Room

A group for those with an ongoing meditation practice and brief instruction for beginners. Our primary focus will be that of Insight Meditation as taught by The Buddha, though all are welcome. The evening will consist of both sitting and walking meditation with an opportunity for the exchange of experiences. For further information please contact, Rev. Wells: 973 539-0301 ext 2, or E-mail: awells@uuma.org.

MONTHLY KNITTING AND CRAFT GROUP

Last Friday of the Month, August 26, 7-9pm

Would like to spend a couple of relaxing hours clicking needles or crafting with fellow MUFers? Beginning knitters are welcome - bring your knitting and you are sure to bring home a few tips from the evening. If you are not knitter, just bring your own favorite craft - crocheting, felting, scrapbooking, jewelry making, origami, etc. Enjoy some peaceful crafting.

Dates will be: January 28, February 25, March 25, April 29, May 20 (since May 27 is Labor Day weekend) and June 24. For more information contact: Maureen Dempsey mkdemp@verizon.net

SAVE THE DATES:

(more information coming soon!)

FELLOWSHIP FALL FESTIVAL

Sunday, September 11

Multi-generational Service at 10am, picnic & festival to follow

LEADERSHIP RETREAT

Friday & Saturday, September 23-24

FALL BLOOD DRIVE

Sunday, October 16

ANNUAL SERVICE AUCTION

Saturday, October 22, 2011

It's never too early to start planning!
For information contact Annette Tyler,
aotylers@optonline.net.



The UU Congregation at Shelter Rock and the **UU District of Metro NY** are pleased to announce that the annual fall leadership day, **Defying Gravity**, will take place this year on **Saturday, November 5**.

Our keynote speaker will be the **Rev. Carol Howard Merritt**, renowned author of *Tribal Church & Reframing Hope*, and expert on multigenerational congregational life.

MUF Committees need YOU!

The work of the Fellowship is fun, but expansive. It takes us **ALL** to make it work. If you are willing to volunteer for one of the following committees (or any other committee) please talk to Deneise in the office or contact her at admin@muuf.org.

Committees in need of immediate assistance:

Sunday Service Committee
Audio/Visual Committee
Technology Committee
Fundraising Committee

FOLK, ROCK & DANCING ON THE TERRACE

*Saturday, August 13, 7pm on the Terrace**



MUF's own folk/rock band, the Flaming Chalice, will present a program of popular standards and original songs. The performers will include Jeff DeSmedt, Steve Humphries and Mindy Schmitt on guitar and vocals, and Jim Harp on drums. Guest performers will include the MUF debut of "22 Toes," Hanna and Molly DeSmedt, Jeffe Klein and Theo Lowry. For part of the program, the performers will invite the audience to "shake your booty" as they dance along to pop and rock classics. Watermelon and refreshments will be served at intermission.

Tickets are \$15 in advance, \$20 at the door and \$5 for youth 18 and under.

For information, contact music@muuf.org or (845) 858-9895.

**In case of bad weather the program will be held in the Meeting Room*

Coffee Hour



From September - June, Kathleen Taggart, coordinates our Coffee Hour by working with committees to host on various Sunday's. For July and August, we have no coordinator for Coffee Hour. Coffee will be made by the Sunday Custodian, however *we are asking that you, MUF members, bring snacks to share following the service on the Sunday mornings* that you are here. If you would like to volunteer to be the Summer Coffee Hour Coordinator, please contact: *Deneise in the office at (973) 540-1177 or admin@muuf.org.*

AUDIO VISUAL



A/V News/Needs - We have strung cable to feed live video to the library during services. Now we just need a donated flat screen TV. It doesn't need a working tuner, since we will pipe in the video directly.

Can anyone donate this?

Contact Gabor muf-av@gaborkiss.com
or (908) 850-5535.

We are also looking for new **A/V Volunteers**. If you are interested in learning how to help on video or sound for Sunday morning services, please contact Gabor, muf-av@gaborkiss.com or (908) 850-5535.



GREEN EARTH MINISTRY

Tucked away on Hazel St., in Morristown behind the Lafayette Learning Center there's a surprise waiting for you; a most wonderful parcel of land, a lush urban farm. This is a project of the organization Grow It Green Morristown. Recently at their farm stand, I bought the sweetest most delicious head lettuce, snow peas and Swiss chard. On my next trip I'll bring home, well whatever is ripe and ready for harvest.

But, they do more than grow and sell produce. It is an agricultural teaching garden for school children, community organizations and just plain folks. There are tours and workshops and opportunities to get your hands in rich organic soil. Let me suggest you first go to www.growitgreenmorristown.org to get acquainted with their mission, projects, events and more and then visit the farm for the best produce anywhere.

Farm stand is open on Thursdays, 5:30 - 7:30 pm and Saturdays, 9:30 am – noon. See you there. Oh yes, doesn't this fit right into the UUA Statement of Conscience on Ethical Eating?

- Submitted by Claire Mayer for GEM

Happenings at MUF by Ongoing Rentals



Minstrel Folk Project

All concerts start at 8:00 pm. Visit www.folkproject.org, for more information.

8-5-11 – Mara Levine and Caroline Cutroneo. Bill Buttner opens.

8-12-11 – Special Concert – Aztec Two-Step. **Special ticket prices apply.**

8-19-11 – Open Stage.

8-26-11 – Old Timers Night. All performers taking the stage for this very special Folk Project Family event have been active members for at least 25 years.

GAAMC

Gay Activist Alliance of Morris County

Visit www.gaamc.org for more information.

8-1-11—8:00 PM: "Tartuffe" theatre stars TODAY!

8-8-11—8:00 PM: "Women Who Kill"

8-15-11— 8:00 PM: Martin Swinger, LIVE!

8-22-11— 8:00 PM:

Book talk with Phillip Zimmerman, author of "For the Convenience of the Government, a memoir of a veteran discharged from the United States Navy for being gay."

8-27-11— Macy's Shop For A Cause.

8-29-11— 8:00 PM: Computers Made EZ!

Earth Sacred Waters Program

MUF Participation in the UU Ministry for Earth Sacred Waters program!

During the month of April, 73 MUF members and friends pledged for 40 days to change at least one way in which we think about, use and protect the water that we take for granted flowing from our taps. Some of the many 40 day actions people agreed to were: Bottle our own water/ Time our showers and cut them in half/ Eat less meat (raising animals consumes large amounts of water)/ Run full loads in the dishwasher and washing machine/ Fix those dripping faucets/ Wash our vegetables and fruits in a pot of water and use it to water our plants/ Stop and think before pouring something-possibly toxic- down the drain or into the toilet/ Read a book about water/ Be vigilant about recycling to keep trash out of the oceans/ Install a rain barrel or a rain garden/ Learn about our local watershed and what is being done to protect it.

*- Submitted by Caroline Gower
Green Earth Ministry*

“LET’S HAVE A REAL CONVERSATION”

Registration Has Begun – Reserve Now!

Saturday, September 17

All Day NVC Workshop led by Certified Trainer Marty Epstein



Wouldn't you like to have effective conversations where each person is genuinely heard, everyone's needs are considered and new solutions arise out of the moment?

Both new and experienced participants are welcome to join in this opportunity to deepen our understanding of what contributes to effective conversation. During this 6 hour workshop, we'll engage in exercises using real life situations and learn to connect with the motivation underlying our communication. This self-connection, fostered by empathic listening and speaking, can help us develop improved self-awareness and greater clarity and authenticity in our communication.

When you know a better way to speak AND listen, you increase your ability to understand both sides of the situation. This awareness can help you experience more ease in difficult relationships and forge enriching new ones because you are more likely to speak your truth with confidence.

Don't miss this opportunity to learn NVC from a certified trainer! Fee \$60. Please register early as seating is limited. Registration forms are available on racks in Great Hall or via email to seedsofpeacemuf@optonline.net. Info: Seeds of Peace, call Jo at (973) 838-8576 or Tricia Armstrong at (973) 377-2646. Trainer info: <http://www.effectiveconversation.com/>.

- Submitted by Jo Sippie-Gora on behalf of 'Seeds of Peace'

MUF Social Justice Plate Contributions

4th Quarter (April – June 2011) and Full Year (July 2010-June 2011)

<i>THEME</i>	<i>CHARITY/ACTIVITY</i>	<i>4TH QUARTER CONTRIBUTION</i>	<i>TOTAL MUF FY'10-11</i>
Hunger	Morristown Soup Kitchen	-	\$2,162
Hunger	Interfaith Food Pantry of Morris County	-	\$1,500
Hunger	Homeless Solutions	\$360	\$1,560
Homelessness	Interfaith Council for Homeless Families of Morris County	\$150	\$1,200
Housing/Family Support	NORWESCAP (Northwest NJ Community Action Program)	\$200	\$800
Immigration	Pathways to Work (Morristown Neighborhood House)	\$350	\$1,500
Global	Peaceworks, Nicaragua	-	\$700
Global	UU-UNO – Office	\$320	\$1,500
Global	UU-UNO- Ghanaian Orphans Project	\$250	\$1,000
Global	Microfinance (KIVA)	\$2,341	\$2,341
Environment	MUF Green Earth Ministry Targeted Causes	-	\$450
Other	Jersey Battered Women (Morris County)	-	\$450
Total:		\$3,971	\$15,513

SOCIAL JUSTICE

MUF Signature Project- “Alleviating Hunger & Homelessness” What You Can Do Now!

Habitat Summit – MUF Summer Work Party, Monday, August 15, 8:30am-4pm

Summit Habitat Work Site. Contact : Toby Tyler, MUF Captain (wtyler2@optonline.net). Adults and Teens 14/over. Bring Lunch. Contact Toby to let him know you are interested in joining and to get answers to your questions about what is anticipated/expected. Future work parties will alternate weekdays or Saturdays.

Community Soup Kitchen – Morristown – 3 Ways to Help

Next Hosting: Tuesday, August 9th - Servers Needed from 11:30am-1pm

Contact Michelle Kunz@ mbkunz@gmail.com to let her know you are interested in helping. There are changes in the works about food preparation; contact Michelle to learn the status and the roles open for cooks to help within. All good, just changed!

Raise Some Dough! MUF Bake Sale Benefit for Soup Kitchen

At MUF on a September Sunday- After Services Date – (to be confirmed), but join the fun by being a part of the Bake Sale Team. Tell Bake Sale Captain Katharina Pietraszek (katharinap@ymail.com) that you would like to bring home baked goods to offer. We need to raise \$5,000 from MUF to support the Soup Kitchen in FY’ 11-12 – Monthly bake sales are yummy and profitable fund raisers.. Be a part of the excitement for a great cause.

Mark Your Calendar!! Sunday, October 16th – “2011 Hunger Walk” to Benefit the Morristown Community Soup Kitchen

MUF will be fielding a “MUF Team” to walk that day to raise operating funds for the Soup Kitchen for the coming year. Contact Christine Reynolds (reynolds@nac.net) to tell her you’d be a willing Walker who will collect pledges from friends and family to support your “walk”. We can raise a bundle with a strong MUF contingent- be a part of this healthy and really helpful project!

Summer Long Food Drives for Interfaith Food Pantry of Morris County

Each Sunday drop off your non-perishable food item contributions at MUF. We’ll deliver to pantry. “Kids Neighborhood Food Drive Kits” available. Contact: Chris Reynolds at(Reynolds@nac.net) . Hunger doesn’t take a vacation.

Eric Johnson House – Morristown Halfway House for AIDS/Homelessness Victims – 2 ways to help:

Next Dinner Hostings

Join us in preparing dinner components ahead of time and bringing with you on **Wednesdays, August 3rd and 17th (5:45pm-7:00pm)**. Gratifying and loving neighbor task. Contact Zella Geltman (zellaprg@yahoo.com)

Male Resident Alumni is moving out to independent apartment - needs kitchen (dishes, flatware) and other household items to furnish.

Contact: karenburns@casaessex.org if you’d like to help.

Other opportunities for Helping Those In Need

Contact Pathways to Work –for your Summer Labor Assistance.

The Pathways to Work Network of registered and experienced laborers is ready and able to help you with your summer labor needs. Contact Rosa Chilquillo at 973-538-1229 ext 43 or at cell: 973-647-8495 to arrange for your worker(s).

Join MUF Social Justice Council –Next Meeting – Thursday September 8th – 7:30pm

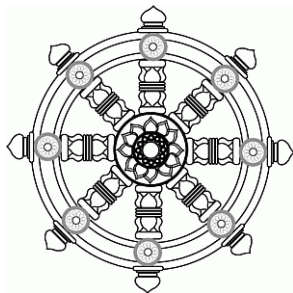
Help make the MUF Signature Project a wonderful success. Help plan and execute the dream. Lots of great fall seasonal projects to “make a difference” in! Contact: Co-Chairs: Chris Reynolds Reynolds@nac.net or Katharina Pietraszek at katharinap@ymail.com

Upcoming Events Calendar—August

Date	Time	Event	Details
Monday, Aug 1 & 8	7:00—9:00pm @ MUF	“Just As Long As I Have Breath” With Barnaby Feder	P. 3
Wednesdays, Aug 3 & 7	5:00—7:00pm @ Meeting Room	Show More Drama	P. 6
Thursdays, Aug 4, 11, 18, & 25	7:30pm @ MUF Library	Men’s Consciousness Group	P. 6
Thursdays, Aug 11 & 25	7:00-9:00pm @ MUF Room 205	Common Security Circle	P. 3
Wednesday, August 7 & 11	7:30—9:15pm @ MUF Meditation Room	Insight Meditation Group	P. 6
Saturday, Aug 13	7:00pm onwards @ MUF Terrace Room	August Concert on the Terrace	P. 7
Monday, Aug 22	7:30pm—9:30pm @ MUF	“Between God and Nothing”	P. 5
Wednesday, Aug 24	10:30am—1:00pm @ MUF Dining Room	Cordial Conversations & Chow	P. 6
Friday, Aug 26	7—9pm @ MUF Room 205	Knitting & Craft Group	P. 6

JUST AS LONG AS I HAVE BREATH

August 1 & 8, 7-9pm



Our faith teaches us that we face two end-of-life challenges. The first is helping those who die before us to die well. The second is dying well ourselves. What do our sources of inspiration and our seven principles teach us about Unitarian Universalist perspectives on these challenges? Join our summer minister, Barnaby Feder, for two adult education classes exploring the spiritual and practical elements of dying well. Classes will meet at MUF. For information, contact Barnaby at intern@muuf.org or (973) 233-1184.

Monday Book Group

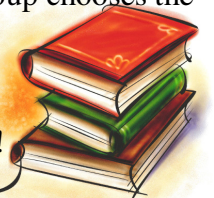
The Monday Book Group meets the first Monday of the month (but adjust for holidays). We meet in **The Dining Room at 7:00 pm**. We welcome new members! Come to the September meeting with suggestions of books you have found interesting! All suggestions are welcome and the group chooses the books together.

Upcoming books are:

August- no meeting but keep reading!

September 12- The Calligrapher's Daughter by Eugenia Kim led by Cathy Adams

October 3rd- The Immortal Life of Henrietta Lacks by Rebecca Skloot- Led by Nancy Lee Mclure (with help from Jeanne Craft who has her own experience). People should get on the waiting list for the book at their library because I'm not certain I can get a "Book Bag".





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Deadline for the SEPTEMBER issue is

AUGUST 15

- Aug 7* ***“My Hymn, A Work in Progress” - ONE Service @ 10:00 am***
One result of a lifetime of hymn singing may be the urge to compose one of your own. Join our summer minister, Barnaby Feder, for an outdoor service (weather permitting) reflecting on such impulses and what we might do with them.
- Led by Barnaby Feder
- Aug 14* ***“Come Sing a Song With Me” - ONE Service @ 10:00 am***
Dr. Jim and members of the choir reprise their popular service based on the joy and healing power of singing. There will be brief reflections by members of the choir, Choral music and lots of congregational SINGING.
- Led by Dr. Jim Blanton
- Aug 21* ***“What do we see?” - ONE Service @ 10:00 am***
Have our busy lives blurred our vision to what is happening in and around us? We will explore ways to see ourselves and others more clearly.
- Led by Deneise Hyatt-Murad, Ministries Administrator
- Aug 28* ***“Stardust” - ONE Service @ 10:00 am***
That's what we are and that's also what our summer minister, Barnaby Feder, calls the memories and insights he gains from vacations at Star Island, the U.U. retreat center off the coast of New Hampshire. Freshly returned from a week on Star, Barnaby will explore what we learn on retreats about the creative tension between daily life and spiritual growth.
- Led by Barnaby Feder